

## Variables in a dataset

## Different roles of variables

### Outcome/dependent/response variable

- A variable that you would be interested in predicting or forecasting
- It should be easily quantifiable, specific, valid, reproducible and appropriate to your research
- Statistical analysis is done on outcome variables, and conclusions can be drawn from the statistical analysis

### Explanatory/independent variables

Any variable that explains the outcome variable

### Confounding/mediating variables

- Can adversely affect the relationship between the independent and the dependent variable
- Need to take these into account through study design!



# Types of variables

## Categorical

- Nominal: variables that have no natural order
  - e.g. gender (male/female)
- Ordinal: variables that have natural order
  - e.g. Severity (mild, moderate, severe)

### Quantitative

- Continuous: arise from measurements
  - e.g. height (cm)
- Discrete: arise from counting
  - e.g. number of moles on someone's back



# What variables will you collect?

### Outcome/dependent/response variable

- e.g. BMI
- Will you measure 24.1 or whether 'underweight', 'normal' or 'overweight'?
- How will you obtain it?

### Explanatory/independent variables

- e.g. Diet
- Average grams of protein per day?
- Treatment group?

### Confounding/mediating variables

- · e.g. Alcohol, smoking
- · e.g. Public or Private hospital



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